

## Zion Lutheran School Breakfast and Snack

Mon	Tue	Wed	Thu	Fri
	<p>1</p> <p><b>Cheese &amp; Crackers</b></p> <p>Cheese Omelet Fruit Yogurt Milk</p>	<p>2</p> <p><b>Goldfish</b></p> <p>French Toast Sticks Fruit Yogurt Milk</p>	<p>3</p> <p><b>Apple w/PB</b></p> <p>English Muffin Fruit Yogurt Milk</p>	<p>4</p> <p><b>Muffin Square</b></p> <p>Waffle Fruit Yogurt Milk</p>
<p>7</p> <p><b>Cheese Stick</b></p> <p>Cereal Fruit Yogurt Milk</p>	<p>8</p> <p><b>Peanuts</b></p> <p>Blueberry Bagel Fruit Yogurt Milk</p>	<p>9</p> <p><b>Orange</b></p> <p>Pop-Tart Fruit Yogurt Milk</p>	<p>10</p> <p><b>Graham Cracker</b></p> <p>Roll Fruit Yogurt Milk</p>	<p>11</p> <p><b>Carrots w/Dip</b></p> <p>English Muffin Fruit Yogurt Milk</p>
<p>14</p> <p><b>½ Banana</b></p> <p>Cereal Fruit Yogurt Milk</p>	<p>15</p> <p><b>Carrots w/Dip</b></p> <p>Pancake Fruit Yogurt Milk</p>	<p>16</p> <p><b>Cheese &amp; Crackers</b></p> <p>French Toast Sticks Fruit Yogurt Milk</p>	<p>17</p> <p><b>Orange</b></p> <p>Pop-Tart Fruit Yogurt Milk</p>	<p>18</p> <p><b>Peanuts &amp; Raisins</b></p> <p>Breakfast Pizza Fruit Yogurt Milk</p>
<p>21</p> <p><b>NO SCHOOL</b></p>	<p>22</p> <p><b>Animal Crackers</b></p> <p>Cereal Fruit Yogurt Milk</p>	<p>23</p> <p><b>Goldfish</b></p> <p>Blueberry Bagel Fruit Yogurt Milk</p>	<p>24</p> <p><b>Muffin Square</b></p> <p>Roll Fruit Yogurt Milk</p>	<p>25</p> <p><b>NO SCHOOL</b></p>
<p>28</p> <p><b>½ Banana</b></p> <p>Waffle Fruit Yogurt Milk</p>				